

BEGINNING WEDNESDAY, APRIL 7, 2010

Cedar Valley Church

THE ALPHA COURSE

explore the meaning of life



IS THERE MORE
TO LIFE THAN THIS?

Tired of the same old grind? Are you nagged by thoughts that there's got to be more meaning to life?

There's a way to get a fresh start and a new perspective. It's Alpha! Alpha is a practical introduction to the Christian faith. You'll enjoy the relaxed, low-pressure setting while learning the basic foundations of Christianity. Alpha is for adults of all ages and backgrounds. No question is too basic or controversial in Alpha.

What Others are Saying About Alpha

A friend of mine became aware of my struggle with alcoholism, marriage troubles, and difficulty finding peace. He kept saying over and over, "**Alpha, Alpha**, you got to go to **Alpha** and hear Pastor Tom's story" In my mind I kept saying, "Blah, Blah, Blah whatever."

Finally, my wife and I got to the point where we decided to take the **Alpha** advice, and we are so glad we did. **Alpha** brought a lot of things home for us, and the way it was explained made things very clear.



Tom and LaNae Spooner

My wife, LaNae, and I have been together for 16 years and those years have not been without adversity. Since attending **Alpha**, our marriage and family have the solid ground of Jesus to hold it up. This is honestly the closest we have ever been to one another and God. We have discovered that our core-values must be based upon a common belief in Jesus and a commitment to live by spiritual principles. Through **Alpha** we learned how to do this with joy and fulfillment. It's contagious! I highly recommend **Alpha** to anyone...no more, "Blah, blah, blah!" *Tom Spooner*

What is Alpha?

Alpha is an 10-week introduction to the Christian faith. You are welcome to all the sessions, obligated to none!

Anyone interested in discovering more about the Christian faith is welcome.

Learn and make new friends in a relaxed atmosphere.

Prepared dinner for your enjoyment every evening.

Helping one another. After dinner there's a large-group presentation & small-group discussion.

Ask anything. Here's your chance to ask questions and express your opinions.

Alpha Schedule

6:00 p.m. Dinner
6:30 p.m. Welcome/Singing
6:50 p.m. Talk
7:40 p.m. Small Groups
8:15 p.m. End

Location

Cedar Valley Church
8600 Bloomington Ave. S.
Bloomington, MN 55425



Registration is required!

The Alpha course is free. To sign up, call the Alphaline at 952.883.1533, or contact Pastor Tom Truszinski at 952.854.1100 or tomt@cvchurch.org.

Pastor Tom Truszinski

8600 Bloomington Ave. S., Bloomington, MN 55425
cvchurch.org

Apr. 7 Christianity: Boring, Untrue? Irrelevant?
Apr. 14 Who is Jesus?
Apr. 21 Why did Jesus die?
Apr. 28 How can I be sure of my faith?
May 5 Why & how should I read the Bible?
May 12 Why & how do I pray?
May 15 Holy Spirit Saturday (9 a.m.- 12:30p.m.)
May 19 How can I resist evil?
May 26 How does God guide us?
June 2 Why & how do I tell others?
June 9 What about the church?