



A Prayer for Strength

SUNDAY, JULY 25, 2021

Key Scripture: Ephesians 3:14–19

DISCUSSION GUIDE

Most prayers can be boiled down to 1 of 2 things: pain avoidance or change of circumstances. It's perfectly natural to pray for those things. The problem comes when that's all we pray for. We can easily become consumed with those things and never move beyond that, never pray for anything else. This week, we see what Paul prayed for—even in the midst of difficult circumstances. When we struggle, we can acknowledge we need help and cry out to God. A cry for strength is only the beginning. Crying out to God leads to fullness and power.

DISCUSSION QUESTIONS

1. Think back to Sunday's message. What do you remember? Review your notes if you have them. If you're with a CV group, talk with them about anything you found memorable or confusing.
2. Read Ephesians 3:14-19. What were some of the personal and cultural issues Paul wrestled with in preaching to the Gentiles?
3. What's the connection between the Holy Spirit's indwelling and being filled with the fullness of God?
4. In verse 16, What is the main prayer request Paul mentions here for the Ephesians?
5. What is an area of your life that you are dealing with right now where you could use "spiritual strengthening"?
6. What do you think Paul means when he talks about Jesus being "at home" in our hearts?
7. How would growing in your trust and dependence upon Jesus increase your experience of fellowship with Him?
8. Go back and read verse 19 again. Name some obvious obstacles that would make it difficult for the fullness of God to be in you.
9. Many of us often struggle with feeling powerless in this life. In Eph 3:16, 20-21 Paul reminds Christians that they have God's power at work within them. Reflect on the significance of this power that has been given to us. What can you do in your life to acknowledge this power at work within you?
10. What's one thing you learned from Sunday's message and today's discussion that will help you become a better disciple of Christ, and help others do the same?

NOW WHAT?

Cry out to God.

