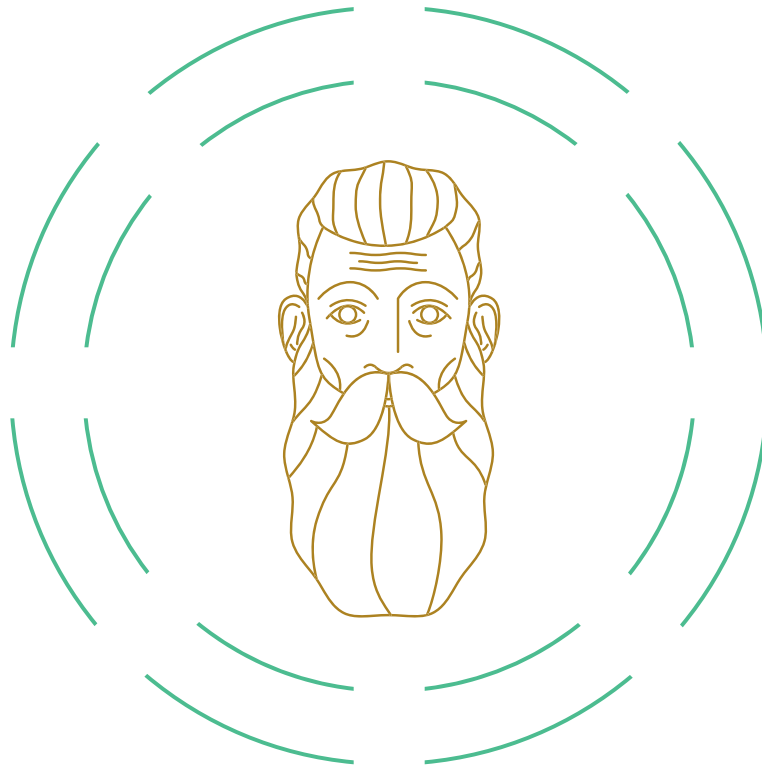


# WEEK 10 | THIS IS US

Sunday, Nov. 21



## THE ENTHUSIAST-7 KING SOLOMON

Enthusiast-7s are fun, spontaneous, adventurous and optimistic. They're energetic, lively, and the life of the party. They are very future-oriented by nature. They live off that dopamine rush of expectation and anticipation. Enthusiast-7s love planning events but can have trouble enjoying the event. They tend to do everything "too much" in an attempt to avoid anything hard or painful. Enthusiast-7s are fixated on immediate gratification, making them especially vulnerable to addiction and indulgence. They are experts at finding the silver lining in any situation. They can spin a failure to find the positive outcome. Healthy Enthusiast-7s can be some of the most grounded individuals who know what it means to experience true joy even in the midst of sorrow.

King Solomon became one of the wealthiest and most powerful kings in the history of Israel. On the surface one could think that Solomon was a great and successful king. After all, he was the one who built the temple in Jerusalem. He was the one who prayed for wisdom as God's gift for him. Solomon was not able find satisfaction in what he had. He lived a life of seeking after the illusions of more power, social status, pleasure, and wealth. He had it all but was never satisfied and was always in pursuit of more. Everyone thought Solomon was the ultimate success story, but Solomon's lust for power and possessions brought him and his whole country down.

### Series Memory Verse

*Jesus replied, "You must love the LORD your God with all your heart, all your soul, and all your mind.' This is the first and greatest commandment. A second is equally important: 'Love your neighbor as yourself.'*

*Matthew 22:37-39*

# WEEK 9 | THE ENTHUSIAST-7

Sunday, Nov. 21

**Notes:**

**The Big “So What?”** The Enthusiast sees the best and makes life fun for all the rest.

**The Big “Now What?”** What’s it like to be on the other side of me?

**BELIEFS TO HELP ENTHUSIAST-7s:** The world is so broken that Jesus had to come and die to restore it. This means I don't have to paint my life in beautiful colors. The cross frees me to be honest about the painful parts of my story and about my own brokenness. I was so lost Jesus had to die for me to save me. It is also true that I am so loved that Jesus was glad to die for me! It was for the joy set before Him that He endured the cross (Hebrews 12:1). I do not have to try to fill the void in my life/cover up pain because in spite of my brokenness, Jesus loves me and gave Himself for me.

**DISCUSSION QUESTIONS:**

1. Read Solomon's words in Ecclesiastes 3:1-8 about a time for everything. What stands out to you about Solomon as an Enthusiast-7?
2. Every personality type reveals and teaches something about the character of the God who made us. In what way do you think Enthusiast-7s reflect some aspect of God?
3. Enthusiast-7s are adventurous, versatile, and spontaneous. Do these traits show up in your relationship with God? When does spontaneous joy for God and His creation fill you up?
4. Romans 8:9 shares who does—and who does not—control you and your tendencies. How can you use your gifts of optimism to see the Spirit of God working in your life?
5. In Philippians 4:4,12 it says that God is the secret to always being content. Is there a place in your life where you aren't feeling steady and sure? How could trusting God help you release your grip on the situation you're dreaming of and instead feel a bit of peace in the moment?

# THE ENTHUSIAST-7

BY AMOS J. OLIVAREZ, GROUPS PASTOR

**What do you love about identifying as an Enthusiast-7?** I often find myself on a quest to squeeze every bit of enjoyment out of life, work, and family. I appreciate how God wired me to embrace challenges, to be full of life, and to possess passion for things I thoroughly enjoy.

**In what ways do you identify with the description of an Enthusiast-7 in growth?** I feel figured out, like whoever wrote the description of the Enthusiast-7 knew me all too well. Healthy aspects of an Enthusiast-7, like high energy, versatility, and spontaneity resonate with me. At the same time, anxiety, high highs, and low lows, and staying stuck in a rut are what I must be aware of, and have often seen as my reality.

**How has learning more about yourself through this assessment helped in your relationship with God and others?** It has helped me to truly understand the attention to detail God put into it for me, and for those I love. We are all so different, in so many ways, and yet all made in His image. Our unique design was fully intentional! I believe that when I am living the way He designed me to live, I feel like I'm living the most.

## A Bible Verse for the Enthusiast-7s

*"But those who drink the water I give will never be thirsty again. It becomes a fresh, bubbling spring within them, giving them eternal life." John 4:14*

**Prayer Requests | Answered Prayer | Group Needs:**